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Men are twice as likely as women to delay going to the doctor because they're scared something is wrong

Almost three-quarters of men don't know they can check themselves for testicular cancer

Toronto, October 31st – In a random sampling of public opinion taken by The Forum Poll[™], 1,263 Canadians 16 years of age or older were surveyed on current health issues.

The poll was done in partnership with the Movember Foundation and focused on men's health issues centering around prostate cancer, testicular cancer, mental health, and social connections.

Younger, and lower-income, Canadians are less likely to know a family history of prostate cancer puts men at a greater risk

When asking respondents whether they know that having a family history of prostate cancer puts men at a greater risk of the disease, 80% said yes; 80% of males knew this, along with 81% of female respondents.

Younger respondents were significantly less likely to know that a family history of prostate cancer puts men at a greater risk of the disease when compared to those over 35 (66% for <34, compared to 86% for those 35+).

Those in a lower household income bracket were significantly less likely to know this information when compared to those of a high-income bracket; 77% of those with a household income of <\$20,000-\$80,000 knew of the greater risk while 92% of those with a household income of \$80,000+ knew of the greater risk.

"Men are twice as likely as women to delay making a Doctor's appointment because they fear something is seriously wrong," said **Dr. Lorne Bozinoff, President of Forum Research**. "And generally, men have fewer close friends on average than women, meaning they don't have as many confidants with whom to share these fears. One thing this survey made clear is that more testicular cancer awareness amongst men is needed, because only a third say they can check themselves; which is true."

"We encourage men to know their health risks and to take action for themselves when necessary. This research shows there's still a way to go, but taking part in Movember is a great place to start looking after yourself as well as those around you." said Ken Aucoin, Country **Director Canada, Movember** Foundation. "For instance, knowing it's a good idea to proactively check yourself for testicular cancer can make all the difference in catching it early. We hope lots of men will sign up this Movember to raise funds and awareness for men's health, and kick off being proactive about their health."



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LGBTQ+ males are more likely to indicate a history of prostate or testicular cancer in their family

19% of respondents indicated they had a history of prostate or testicular cancer in their family, followed by 74% saying they didn't, while 7% didn't know.

Male respondents who self identified with the LGBTQ+ community were more likely to indicate a family history of prostate or testicular cancer when compared to those who didn't self-identify with the community (30%, compared to 17%). *Those males who self-identified with the LGBTQ+ community are a small sample size so please consider this when interpreting the results of this poll.*

Older respondents were also more likely to indicate a family history of prostate or testicular cancer (22% of 35+, compared to 12% of <34).

Those from Atlantic Canada were significantly more like to indicate a family history of prostate or testicular cancer when compared to the rest of the country (34%, compared to 13%-20%).

Almost three-quarters of men don't know they can check themselves for testicular cancer

All respondents were asked whether men can check themselves for testicular cancer or whether they need to go to a healthcare professional to get checked.

Only 29% said men could check themselves while 55% said they needed to go to a doctor. 15% did not know.

Looking at only male responses, one third (32%) said they could check themselves and 59% said they needed to go to a doctor. 10% did not know. It should be noted that men can check themselves for testicular cancer.

Half of all men have been checked for prostate cancer

51% of male respondents have been checked by a doctor or healthcare professional for prostate cancer.

Older respondents were significantly more likely to say they have been checked (80% for those 55+, compared to 34% for those <34-54).

Those male respondents from the Atlantic (35%) and Manitoba, Saskatchewan, and Nunavut (23%) were significantly less likely to say they were checked when compared to those from British Columbia / Yukon (68%), Quebec (60%), Alberta / Northwest Territories (51%), and Ontario (50%).

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Males are more likely to have fewer close friends, LGBTQ+ males are more likely to have no close friends

When asking respondents how many people they consider to be their close friends, 46% said they had at least 5 close friends, followed by one in four (25%) stating they had 3-4 close friends.

One fifth (18%) of respondents indicated they had 1-2 close friends, while 11% said they had no close friends when excluding their family.

Male respondents were significantly more likely to have 1-2 close friends when compared to female respondents (24%, compared to 13%), while female respondents were more likely to have at least 3 close friends (75%, compared to 68%).

Males who self-identified with the LGBTQ+ community were more likely to say they had no close friends when compared to hetero-male respondents (24%, compared to 7%).

3 in 4 Canadians see their friends at least once a week

When asked how often they see their close friends, one fifth (18%) of Canadians indicated they see their friends daily, followed by 57% seeing their friends 1-3 times a week.

12% indicated their see their close friends once a month, followed by 9% seeing their close friends every 2 to 5 months and 2% seeing their close friends once every 6 to 11 months.

1% see their close friends once a year and another 1% see their close friends less than once a year.

Male respondents were significantly less likely to say they see their close friends daily when compared to female respondents (15%, compared to 21%).

Younger respondents were more likely to say they see their close friends daily when compared to older respondents (34% for <34, compared to 23% for 35+).

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Canadian men are less likely to speak openly about personal issues or health problems with close friends

When asking if they feel they can talk openly about their personal issues or health problems with close friends, 63% said yes, they always could, followed by 35% saying yes, but only sometimes.

2% said they could never openly talk about personal issues or health problems with close friends.

Female respondents were significantly more likely to say they were always open to talking about personal issues or health problems when compared to male respondents (69%, compared to 56%) while male respondents were significantly more likely to say yes, but sometimes (42% v. 29%).

Males who self-identified with the LGBTQ+ community were more likely to say they can always talk openly when compared to those males who don't (80%, compared to 55%).

Family is by far the most important aspect of life

Family was considered most important aspect of life by more than half of all Canadians surveyed (55%).

Health (13%) and money (11%) trailed well behind.

9% said friends, 2% said romantic relationships, 1% said their career, and 1% said their car. 7% said it was something else.

Female respondents were significantly more likely to say family was their most important aspect of life when compared to male respondents (65%, compared to 45%). Male respondents were significantly more likely to say money (15%) and friends (14%) were the most important aspects when compared to female respondents (7%, 4%).

Male respondents were slightly likely to say health was the most important aspect when compared to female respondents (15%, compared to 11%). Males who self-identified with the LGBTQ+ community were significantly more likely to say health was the most important aspect when compared to hetero males (33%, compared to 13%).

Those respondents with a household income of \$100,000+ were significantly more likely to say family was their most important aspect of life (78%), when compared to those in the lower household income brackets (53% for <\$20,000-\$100,000).

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3 in 5 Canadians do not wait longer than a month to make an appointment to address a health concern

When asked what is the longest they have waited before making an appointment about a health concern, one in four Canadians indicated they've waited less than one week (25%), followed by over one third (35%) waiting 2 to 4 weeks.

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17% have waited 1 to 2 months while 8% have waited 3 to 6 months. 13% have waited over 6 months.

2% have never made an appointment while 1% have never waited.

Male respondents were significantly more likely to wait over 6 months when compared to females (16%, compared to 9%). Males who did not self-identify with the LGBTQ+ community were more likely to wait over 6 months when compared to those males who do (16%, compared to 5%).

One in four Canadians are too busy to make an appointment about a health concern

When only asking those who waited at least 2 weeks to make an appointment about a health concern, what their reasoning was for waiting, 24% said they did not have time, followed by 15% delaying because they feared something was seriously wrong. 10% indicated they have a fear of doctors.

8% delayed making an appointment because they were embarrassed to talk about their health concern, followed by 5% saying their concerns weren't serious and to "toughen up". 2% were concerned they'd be judged as weak and another 2% were embarrassed to show parts of their body.

27% said there was something else that delayed them making an appointment and 6% said it was nothing on the list provided.

Male respondents were significantly more likely to say they delayed making an appointment for a health concern because they feared something being seriously wrong when compared to females (21%, compared to 8%). More specifically, self-identified hetero-males were more likely to delay appointments due to fear that something might be seriously wrong when compared to LGBTQ+ males (19%, compared to 9%).

Males who self-identified with the LGBTQ+ community were also more likely to have a fear of doctors (18%, compared to 10%), and were more embarrassed to show parts of their body (10%, compared to 2%).

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1 in 5 Canadians have not had a routine check-up within the last year

When asking when the last time was they saw a doctor or healthcare professional for a routine check-up, one in four (23%) Canadians said in the past month, followed by 23% saying they went for a check-up in the past 1 to 3 months.

12% had a check-up in the past 4 to 6 months while 15% said its been 7 to 12 months.

Over one fifth (22%) said its been over a year since they saw a doctor or healthcare professional for a routine check-up. 5% did not remember.

Older respondents were significantly more likely to have had a routine check-up in the past year than younger respondents (82% for 35+, compared to 50% for <34).

2 in 5 Canadians see a doctor annually for a routine check-up

When asked how often they go to see a doctor or health care professional for a routine check-up, 34% respondents indicated less than once a year.

39% said they see a doctor once a year, followed by 9% saying twice a year. 5% go 3 to 4 times a year, while 3% go at least five times a year.

9% indicated they never go for a routine check-up.

While 44% of male respondents indicated they see a doctor annually for a routine check-up, 12% indicated they never see a doctor for a check-up; this is significantly more than females (7%).

It should also be noted that males were significantly more likely to say they go once a year when compared to female respondents (44%, compared to 36%).

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1 in 10 have been dishonest about their health with their doctor

When asked if they have ever been dishonest about their health with their doctor or healthcare professional, 12% said yes.

Females were more likely to be dishonest with their doctor or healthcare professional about their health when compared to male respondents (14%, compared to 10%). Male respondents who did not self identify with the LGBTQ+ community were more likely to be dishonest (11%, compared to 4%).

Younger respondents were also more likely to say they have been dishonest with their doctor when compared to older respondents (14% for <34-54, compared to 8% for 55+).

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Lorne Bozinoff, Ph.D. is the president and founder of Forum Research. He can be reached at lbozinoff@forumresearch.com or at (416) 960-9603.

From Movember:

"We encourage men to know their health risks and to take action for themselves when necessary. This research shows there's still a way to go, but taking part in Movember is a great place to start looking after yourself as well as those around you." said Ken Aucoin, Country Director Canada, Movember Foundation. "For instance, knowing it's a good idea to proactively check yourself for testicular cancer can make all the difference in catching it early. We hope lots of men will sign up this Movember to raise funds and awareness for men's health, and kick off being proactive about their health."

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Methodology

The Forum Poll[™] was conducted by Forum Research with the results based on an interactive voice response telephone survey of 1,263 randomly selected Canadians at least 16 years of age. The poll was conducted on October 24th, 2018.

Results based on the total sample are considered accurate +/- 3.1%, 19 times out of 20. Subsample results will be less accurate. Margins of error for subsample (such as age, gender) results are available at www.forumresearch.com/samplestim.asp

Where appropriate, the data has been statistically weighted by age, region, and other variables to ensure that the sample reflects the actual population according to the latest Census data.

This research is not necessarily predictive of future outcomes, but rather, captures opinion at one point in time. Forum Research conducted this poll as a public service and to demonstrate our survey research capabilities. Actual results depend on the parties' ability to get their voters out. Forum houses its poll results in the Data Library of the Department of Political Science at the University of Toronto.

With offices across Canada and around the world, 100% Canadian-owned Forum Research is one of the country's leading survey research firms. This Forum Poll™and other polls may be found at Forum's poll archive at <u>www.forumresearch.com/polls.asp</u>

About the Movember Foundation

The Movember Foundation has one goal: to stop men dying too young. As the leading charity changing the face of men's health, the Foundation supports the following causes: prostate cancer, testicular cancer, mental health and suicide prevention. Since 2003, the support of more than 5 million men and women has funded over 1,200 innovative projects across 20 countries. To donate or learn more, please visit <u>Movember.com</u>.

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Number of Close Friends

First of all, excluding your family, how many people do you consider to be close friends in your life?

Age/Gender/Orientation

%	Total	<34	35-54	55+	Male	Fema le	Non- binar y	LGBT Q+ Male	Non- LGBT Q+ Male
Do not have any close friends	11	12	10	11	9	13	25	24	7
1-2 friends	18	20	17	17	24	13	21	14	27
3-4 friends	25	29	23	24	24	27	17	24	19
5+ friends	46	39	49	48	44	47	38	38	47

Income

%	Total	<\$20 K	\$20K to \$40K	\$40K to \$60K	\$60К to \$80К	\$80K to \$100 K	\$100 K to \$250 K	Prefe r not to say
Do not have any close friends	11	15	7	16	14	9	1	18
1-2 friends	18	21	31	15	20	10	10	15
3-4 friends	25	26	18	27	23	44	30	12
5+ friends	46	38	45	42	43	37	58	55

Region

%	Total	ATL	QC	ON	MB/S K/NU	AB/N T	BC/Y K
Do not have any close friends	11	19	11	10	8	8	13
1-2 friends	18	12	15	17	13	37	16
3-4 friends	25	13	26	30	23	17	25
5+ friends	46	57	48	43	56	38	45

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Time Spent with Close Friends

How often do you see your close friends?

Age/Gender/Orientation

%	Total	<34	35-54	55+	Male	Fema le	Non- binar Y	LGBT Q+ Male	Non- LGBT Q+ Male
Daily	18	34	12	11	15	21	11	3	17
1-3 times a week	30	36	25	31	34	26	33	23	31
2-3 times a week	27	15	35	29	27	28	28	29	28
Once a month	12	9	15	13	10	15	17	10	10
Once 2-5 months	9	4	9	12	11	6	11	15	11
Once 6-11 months	2	2	1	2	3	1	0	21	1
Once a Year	1	0	3	1	1	2	0	0	1
Less than once a year	1	0	1	2	1	1	0	0	1

Income

%	Total	<\$20 K	\$20K to \$40K	\$40K to \$60K	\$60К to \$80К	\$80K to \$100 K	\$100 K to \$250 K	Prefe r not to say
Daily	18	26	8	10	19	24	14	17
1-3 times a week	30	30	49	28	23	28	22	16
2-3 times a week	27	31	22	24	25	31	26	39
Once a month	12	4	10	17	14	6	24	19
Once 2-5 months	9	3	8	13	12	9	12	7
Once 6-11 months	2	0	1	6	3	2	2	0
Once a Year	1	4	1	1	2	0	0	1
Less than once a year	1	2	1	0	0	0	1	1

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Region

%	Total	ATL	QC	ON	MB/S K/NU	AB/N T	BC/Y K
Daily	18	14	29	14	35	13	7
1-3 times a week	30	51	23	34	14	37	23
2-3 times a week	27	26	20	27	25	28	40
Once a month	12	3	16	11	15	14	13
Once 2-5 months	9	1	9	9	8	7	11
Once 6-11 months	2	3	0	3	2	1	3
Once a Year	1	1	3	1	1	0	2
Less than once a year	1	2	0	1	0	0	2

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Talking Openly about Personal Issues or Health Problems

Do you feel you can talk openly about personal issues or health problems with your close friends?

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Age/Gender/Orientation

%	Total	<34	35-54	55+	Male	Fema le	Non- binar Y	LGBT Q+ Male	Non- LGBT Q+ Male
Yes, always	63	54	64	68	56	69	56	80	55
Sometimes	35	46	32	30	42	29	39	20	43
Never	2	0	4	2	2	2	6	0	2

Income

%	Total	<\$20 К	\$20K to \$40K	\$40К to \$60К	\$60К to \$80К	\$80K to \$100 K	\$100 K to \$250 K	Prefe r not to say
Yes, always	63	58	60	74	75	49	63	51
Sometimes	35	37	39	23	23	50	37	45
Never	2	5	1	3	2	0	0	5

Region

%	Total	ATL	QC	ON	MB/S K/NU	AB/N T	BC/Y K
Yes, always	63	79	59	65	65	59	58
Sometimes	35	17	39	33	34	39	41
Never	2	5	2	2	1	2	1

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Most Important Aspects of Life

What aspect of your life is most important to you? Is it your career, money, friends, family, health, sports, your car, romantic relationships, or other?

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Age/Gender/Orientation

%	Total	<34	35-54	55+	Male	Fema le	Non- binar y	LGBT Q+ Male	Non- LGBT Q+ Male
Career	1	1	1	1	1	2	0	0	1
Money	11	25	6	5	15	7	8	4	15
Friends	9	15	4	8	13	4	8	10	10
Family	55	38	69	56	45	65	38	48	48
Health	13	4	10	23	15	11	21	33	13
Sports	1	2	1	1	3	0	4	0	3
Your Car	0	0	0	0	0	0	0	0	0
Romantic Relationships	2	0	3	2	3	1	4	1	3
Other	7	15	5	3	6	9	17	4	6

Income

%	Total	<\$20 K	\$20K to \$40K	\$40K to \$60K	\$60К to \$80К	\$80K to \$100 K	\$100 K to \$250 K	Prefe r not to say
Career	1	3	1	2	1	0	1	1
Money	11	7	22	6	8	18	5	2
Friends	9	25	5	7	10	2	2	8
Family	55	42	46	55	57	67	78	66
Health	13	15	17	22	14	9	4	11
Sports	1	2	0	3	6	0	0	0
Your Car	0	0	0	0	0	0	0	0
Romantic Relationships	2	1	2	2	0	3	4	0
Other	7	5	8	4	3	0	6	12

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Region

%	Total	ATL	QC	ON	MB/S K/NU	AB/N T	BC/Y K
Career	1	1	0	2	3	1	1
Money	11	6	11	12	7	21	3
Friends	9	3	3	11	26	8	6
Family	55	46	61	51	50	60	62
Health	13	26	14	13	7	8	13
Sports	1	0	0	2	1	0	4
Your Car	0	0	0	0	0	0	0
Romantic Relationships	2	1	1	3	1	0	2
Other	7	18	9	6	6	3	8

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Time Waited Prior to Making an Appointment about a Health Concern

What is the longest you have waited before making an appointment about a health concern of yours?

Age/Gender/Orientation

%	Total	<34	35-54	55+	Male	Fema le	Non- binar y	LGBT Q+ Male	Non- LGBT Q+ Male
1 week or less	25	26	19	29	21	27	38	30	22
2 to 4 Weeks	35	35	34	35	38	32	25	35	36
1 to 2 Months	17	16	18	17	15	20	4	17	15
3 to 6 months	8	3	11	9	6	10	13	11	6
6 plus months	13	17	14	8	16	9	8	5	16
Never made	2	2	1	1	3	0	4	2	3
Never waited	1	1	2	1	1	1	8	0	1

Income

%	Total	<\$20 K	\$20K to \$40K	\$40К to \$60К	\$60К to \$80К	\$80K to \$100 K	\$100 K to \$250 K	Prefe r not to say
1 week or less	25	23	19	35	19	32	27	27
2 to 4 Weeks	35	33	47	28	29	21	41	44
1 to 2 Months	17	16	12	15	13	23	16	14
3 to 6 months	8	9	10	11	10	8	8	2
6 plus months	13	13	10	11	23	13	8	9
Never made	2	3	0	0	6	2	0	0
Never waited	1	3	1	1	0	0	0	4

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%	Total	ATL	QC	ON	MB/S K/NU	AB/N T	BC/Y K
1 week or less	25	33	23	23	41	19	26
2 to 4 Weeks	35	26	28	39	24	41	38
1 to 2 Months	17	12	24	17	19	9	14
3 to 6 months	8	8	8	7	9	8	11
6 plus months	13	19	17	12	3	12	8
Never made	2	1	0	1	0	10	1
Never waited	1	0	0	1	4	1	2

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Reason for Delaying Appointment

Why didn't you make the appointment sooner?

Age/Gender/Orientation

%	Total	<34	35-54	55+	Male	Fema le	Non- binar Y	LGBT Q+ Male	Non- LGBT Q+ Male
Fear of doctors	10	13	9	9	10	10	17	18	10
Fear something being seriously wrong	15	29	8	10	21	8	33	9	19
Embarrassed to talk about health concern	8	11	7	7	7	9	8	6	7
Embarrassed to show body	2	0	3	3	2	2	0	10	2
Do not have time	24	18	35	19	24	25	25	28	26
Aren't serious/ toughen up	5	4	5	6	2	8	17	3	3
Judged as weak	2	2	2	3	2	3	0	4	3
Other	27	17	22	39	23	31	0	21	22
None	6	6	7	4	8	4	0	1	9

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%	Total	<\$20 К	\$20K to \$40K	\$40К to \$60К	\$60К to \$80К	\$80К to \$100 К	\$100 K to \$250 K	Prefe r not to say
Fear of doctors	10	11	10	6	16	6	1	2
Fear something being seriously wrong	15	20	28	10	13	9	7	8
Embarrassed to talk about health concern	8	16	5	2	7	4	21	1
Embarrassed to show body	2	5	2	1	0	1	4	3
Do not have time	24	5	23	23	31	41	27	35
Aren't serious/ toughen up	5	9	4	5	5	5	4	7
Judged as weak	2	1	2	7	1	1	5	0
Other	27	24	24	43	21	24	25	32
None	6	9	3	3	4	10	6	13

MEDIA INQUIRIES:

From Forum

Lorne Bozinoff, President lbozinoff@forumresearch.com 416.960.9603

From Movember

Jill MacCannell jill@getfreshpr.com 902.471.7080

Region

Total	ATL	QC	ON	MB/S K/NU	AB/N T	BC/Y K
10	6	18	7	5	19	5
15	4	5	21	11	25	11
8	6	11	6	4	8	10
2	3	2	4	1	1	1
24	44	20	26	33	14	24
5	8	6	5	3	3	5
2	4	1	3	8	2	2
27	24	31	22	28	26	32
6	1	6	6	6	2	11
	10 15 8 2 24 5 2 2 27	Total 10 6 15 4 8 6 2 3 24 44 5 8 2 4 27 24	Iotal 6 18 10 6 18 15 4 5 8 6 11 2 3 2 24 44 20 5 8 6 2 4 1 2 3 2	Iotal 6 18 7 10 6 18 7 15 4 5 21 8 6 11 6 2 3 2 4 24 44 20 26 5 8 6 5 2 4 1 3 27 24 31 22	TotalK/NU10618751545211186116423241244420263358653241382724312228	TotalK/NUT10618751915452111258611648232411244420263314586533241382272431222826



FORUM RESEARCH INC.

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Last Routine Check-Up

When was the last time you saw a doctor or healthcare professional for a routine check-up?

Age/Gender/Orientation

%	Total	<34	35-54	55+	Male	Fema le	Non- binar y	LGBT Q+ Male	Non- LGBT Q+ Male
Past Month	23	10	26	30	19	26	29	20	19
Past 1 to 3 months	23	21	24	23	28	19	17	33	29
Past 4 to 6 months	12	6	11	16	13	10	8	15	13
Past 7 to 12 months	15	13	16	17	15	15	21	3	16

Over a year ago	22	42	18	11	20	24	21	25	17
Do not remember	5	8	5	3	5	5	4	4	5
	/						//////////////////////////////////////		

Income

%	Total	<\$20 K	\$20K to \$40K	\$40К to \$60К	\$60К to \$80К	\$80K to \$100 K	\$100 K to \$250 K	Prefe r not to say
Past Month	23	24	27	36	25	9	16	25
Past 1 to 3 months	23	17	39	18	18	17	31	13
Past 4 to 6 months	12	8	9	13	17	9	10	17
Past 7 to 12 months	15	18	10	12	19	21	19	16
Over a year ago	22	30	14	18	9	43	13	13
Do not remember	5	4	1	2	13	1	10	16

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%	Total	ATL	QC	ON	MB/S K/NU	AB/N T	BC/Y K
Past Month	23	23	21	22	10	30	30
Past 1 to 3 months	23	20	23	24	9	33	19
Past 4 to 6 months	12	12	10	12	15	13	9
Past 7 to 12 months	15	6	19	18	13	4	16
Over a year ago	22	34	26	18	49	11	17
Do not remember	5	5	1	5	5	9	10



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Frequency of Routine Check-Up

How often do you see a doctor or health care professional for a routine check-up?

Age/Gender/	Orientation
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%	Total	<34	35-54	55+	Male	Fema le	Non- binar Y	LGBT Q+ Male	Non- LGBT Q+ Male
Less than once a year	34	43	36	26	28	41	29	45	28
Once a year	39	34	36	46	44	36	38	45	42
Twice a year	9	6	10	11	9	9	8	7	8
3 to 4 times a year	5	1	6	8	6	4	4	1	7
5+ times year	3	0	2	5	2	3	13	1	2
Never	9	15	9	5	12	7	8	2	14

Income	/	/					NIII//////////////////////////////////	11111111	$// \wedge$
%	Total	<\$20 К	\$20K to \$40K	\$40K to \$60K	\$60К to \$80К	\$80K to \$100 K	\$100 K to \$250 K	Prefe r not to say	
Less than once a year	34	22	26	34	47	38	51	20	
Once a year	39	40	53	40	34	36	30	41	
Twice a year	9	10	9	10	10	6	5	11	
3 to 4 times a year	5	9	5	9	2	2	4	5	
5+ times a year	3	4	3	4	0	3	1	3	
Never	9	15	4	2	7	15	9	19	

Region

%	Total	ATL	QC	ON	MB/S K/NU	AB/N T	BC/Y K
Less than once a							
year	34	52	36	32	29	30	35
Once a year	39	19	43	45	25	38	36
Twice a year	9	8	10	10	5	9	7
3 to 4 times a year	5	8	4	4	5	11	7
5+ times a year	3	4	1	2	2	4	5
Never	9	8	6	7	34	9	11

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Being Dishonest about Health with Doctor or Healthcare Professional

Have you ever been dishonest about your health with your doctor or healthcare professional?

Age/Gender/Orientation

%	Total	<34	35-54	55+	Male	Fema le	Non- binar y	LGBT Q+ Male	Non- LGBT Q+ Male
Yes	12	15	14	8	10	14	8	4	11
No	88	85	86	92	90	86	92	96	89

Income

%	Total	<\$20 К	\$20K to \$40K	\$40К to \$60К	\$60К to \$80К	\$80K to \$100 K	\$100 K to \$250 K	Prefe r not to say	
Yes	12	13	10	9	12	11	5	11	
No	88	87	90	91	88	89	95	89	

Region

%	Total	ATL	QC	ON	MB/S K/NU	AB/N T	BC/Y K
Yes	12	9	18	8	5	21	8
No	88	91	82	92	95	79	92

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Awareness that Family History of Prostate Cancer Puts Men at a Greater Risk

Are you aware that having a family history of prostate cancer puts men at a greater risk of the disease?

Age/Gender/Orientation

%	Total	<34	35-54	55+	Male	Fema le	Non- binar y	LGBT Q+ Male	Non- LGBT Q+ Male
Yes	80	66	89	83	80	81	54	74	80
No	20	34	11	17	20	19	46	26	20

Income

%	Total	<\$20 К	\$20K to \$40K	\$40К to \$60К	\$60К to \$80К	\$80K to \$100 K	\$100 K to \$250 K	Prefe r not to say	
Yes	80	81	74	76	78	90	95	85	
No	20	19	26	24	22	10	5	15	

Region

%	Total	ATL	QC	ON	MB/S K/NU	AB/N T	BC/Y K
Yes	80	82	80	83	89	63	84
No	20	18	20	17	11	37	16

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Family History of Prostate or Testicular Cancer

Is there a history of prostate or testicular cancer in your family?

Age/Gender/Orientation

%	Total	<34	35-54	55+	Male	Fema le	Non- binar y	LGBT Q+ Male	Non- LGBT Q+ Male
Yes	19	12	24	21	18	19	42	30	17
No	74	81	69	74	77	73	50	70	78
DK	7	8	7	5	5	8	8	0	5

Income

%	Total	<\$20 К	\$20K to \$40K	\$40К to \$60К	\$60К to \$80К	\$80К to \$100 К	\$100 K to \$250 K	Prefe r not to say	
Yes	19	18	26	15	12	10	21	32	
No	74	70	71	75	84	87	77	57	
DK	7	12	3	10	4	3	3	11	

Region

%	Total	ATL	QC	ON	MB/S K/NU	AB/N T	BC/Y K
Yes	19	34	17	20	20	13	19
No	74	66	76	74	70	80	74
DK	7	1	7	6	10	7	8

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Knowledge of Testicular Cancer Check Protocol

As far as you know, can men check themselves for testicular cancer or do they need to go to a healthcare professional to get checked?

Age/Gender/Orientation

%	Total	<34	35-54	55+	Male	Fema le	Non- binar y	LGBT Q+ Male	Non- LGBT Q+ Male
Can check themselves	29	24	42	22	32	27	29	35	33
Need to go to doctor	55	65	41	61	59	52	57	53	57

i

Region

%	Total	ATL	QC	ON	MB/S K/NU	AB/N T	BC/Y K
Can check themselves	29	36	35	27	20	22	35
Need to go to doctor	55	49	54	55	69	60	49
DK	15	15	12	17	11	19	16

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Prostate Cancer Check

Have you ever been checked by a doctor or healthcare professional for prostate cancer? (n=594)

Age/Gender/Orientation

	%	Total	<34	35-54	55+	Male	Fema le	Non- binar y	LGBT Q+ Male	Non- LGBT Q+ Male
	Yes	51	23	45	80	51	N/A	N/A	64	50
	No	49	77	55	20	49	N/A	N/A	36	50
Ir	ncome									

%	Total	<\$20 K	\$20К to \$40К	\$40К to \$60К	\$60К to \$80К	\$80K to \$100 K	\$100 K to \$250 K	Prefe r not to say	
Yes	51	34	48	64	67	58	47	53	
No	49	66	52	36	33	42	53	47	

Region

%	Total	ATL	QC	ON	MB/S K/NU	AB/N T	BC/Y K
Yes	51	35	60	50	23	51	68
No	49	65	40	50	77	49	32

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Self-Identification with LGBTQ+ Community

Do you self-identify with the LGBTQ2SIAP+ community? Including, but not limited to, lesbian, gay, bisexual, transgender, queer, questioning, two-spirit, intersex, asexual, or pansexual?

Age/Gender/Orientation

%	Total	<34	35-54	55+	Male	Fema le	Non- binar y
Yes	9	7	9	9	8	8	36
No	83	86	86	79	84	84	45
Prefer not to say	8	8	5	11	8	8	18

Income

%	Total	<\$20 K	\$20K to \$40K	\$40К to \$60К	\$60К to \$80К	\$80K to \$100 K	\$100 K to \$250 K	Prefe r not to say	
Yes	9	8	10	15	6	3	9	3	
No	83	73	80	83	87	96	90	84	
Prefer not to say	8	19	10	2	7	1	2	13	

Region

%	Total	ATL	QC	ON	MB/S K/NU	AB/N T	BC/Y K
Yes	9	16	11	8	5	5	6
No	83	77	85	81	87	87	86
Prefer not to say	8	7	4	11	9	8	8

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Demographics

How old are you?

Age							
%	Total	16-24	25-34	35-44	45-54	55-64	654
Total	1263	13	16	16	17	17	21

What is your gender? **Gender**

%	Total	Male	Fema le	Non- binar y	
Total	1263	48	50	2	

What is your annual household income before taxes?

Income	/	//							
%	Tota I	<\$20 k	\$20K - \$40K	\$40K - \$60K	\$60K - \$80K	\$80K- \$100 k	\$100K - \$250k	\$250K +	Prefe r not to say
Total	1263	17	20	15	10	11	13	4	9

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